

San
Ramon
Valley
Primary Care
Medical
Group

April 24, 2002

Mrs. Pam Bergsma
619 South K Street
Lake Worth, FL 33460

RE: Pediatric eye exams

Dear Mrs. Bergsma:

I am primary care pediatrician practicing in a suburban community in Northern California. We have a group comprised of 6 pediatricians and 3 pediatric nurse practitioners. We have been performing a dilated eye examine on every infant prior to 2 months of age since 1984. During the last 18 years and over 6300 infants we have had no side effects or adverse reactions and have diagnosed 3 infants with congenital cataracts prior to 8 weeks of age.

The drops are instilled by the nurses when the infants are first brought into the exam rooms and by the time we complete our visit the eyes are well dilated and easy to examine. The ophthalmoscopic portion of the exam adds about 20-30 seconds to the visit. The babies are perfectly comfortable with this procedure and the parents are delighted with our careful approach to their child's health and welfare.

Although we have not had a child with retinoblastoma in our practice, we realize it is only a matter of time and remain vigilant. I only wish we had other simple, inexpensive and safe methods of screening for other diseases that have as much of a potential devastating impact as loss of sight or loss of life.

I wish you well in your campaign to educate all physicians providing care to infants about this sight-saving and life-saving procedure.

Very truly yours,



Tracy L. Trotter, MD, FAAP
Pediatric & Adolescent Medicine

Pediatrics

Thomas F. Long, M.D.
Tracy L. Trotter, M.D.
Colleen M. Hogan, M.D.
Allen D. Obrinsky, M.D.
Tracy T. Trujillo, M.D.

Internal Medicine

Sue J. Knight, M.D.
Jon C. Rasak, M.D.

200 Porter Drive
Suite 300
San Ramon, CA 94583

Pediatrics
925.838.6511

Internal Medicine
925.838.6533

Administration
925.838.6500

Fax
925.838.6544